

# SACRED SPACE



## YOGA

WORKOUT FOR  
YOUR MIND,  
BODY & SOUL



**NEW MEMBER PASS  
1 WEEK YOGA \$25!**

**THE BEST INVESTMENT  
YOU'LL EVER MAKE!**

**JOIN TODAY 301.231.0022**

**BUILD STRENGTH & STAMINA ~ CORRECT POOR POSTURE IMPROVE YOUR  
FLEXIBILITY~CREATE LONGER, LEANER MUSCLES ~ REV UP YOUR METABOLISM  
~REDUCE STRESS STEEL YOUR MIND ~ GET RID OF CHRONIC PAIN~IMPROVE  
FOCUS~ GET POSITIVE ~HAVE MORE ENERGY & PASSION ~EXPERIENCE A  
NEW LEVEL OF EMOTIONAL CALM & MENTAL CLARITY ~LIVE LONGER, LOOK  
AND FEEL YOUNGER**

**[www.SacredSpaceRockville.com](http://www.SacredSpaceRockville.com)**

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